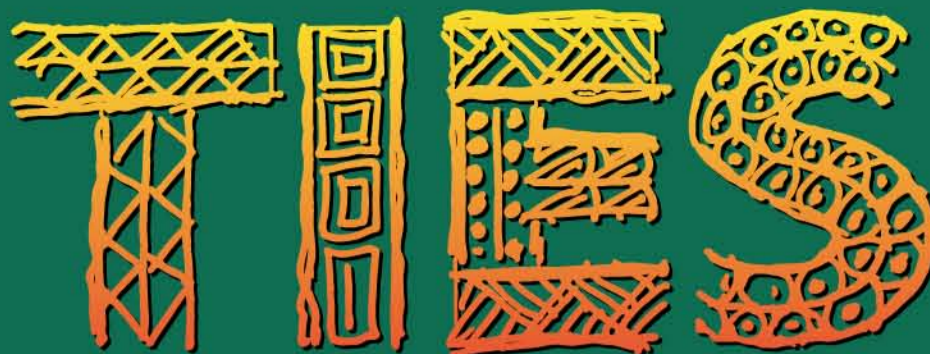


PNG
LNG



PNG LNG

ExxonMobil

Central Education Division signs up for school board management training



ExxonMobil PNG Managing Director, Andrew Barry with representatives of the Central Provincial Government Education Division and EMPNG staff after the signing of the fund agreement.

"We are very grateful to ExxonMobil PNG for supporting us to ensure our children receive quality education."

The Central Provincial Government Education Division has embarked on a training program that aims to improve school board governance and leadership.

ExxonMobil PNG Limited, operator of the PNG LNG project, signed a funding agreement of K300,000 with the Central Provincial Government Education Division to help roll out School Board of Management training in Central province over the next two years. The funding will help deliver the program across Central province through training for boards of management, train the trainer, ongoing monitoring and evaluation and dissemination of the manual. Rollout of the training program will be conducted by Esmie Sinapa Development Consultants.

"Good governance and leadership in any school is fundamental to providing quality education to students. Strong and effective boards help to guide teachers' and students' performances and similarly increase the quality of administration functions at schools," said ExxonMobil PNG Managing Director Andrew Barry. Central Provincial Government Deputy Administrator Edward Kila thanked ExxonMobil PNG for its continuous support to the people of Central province through its community development programs. "The existence of good governance and leadership in schools and its board of management has always been a challenge for us. We are very grateful to ExxonMobil PNG for recognising this and supporting us to ensure our

children receive quality education". ExxonMobil PNG is also helping to facilitate an extension of the Board of Management training program to schools in Hela province. In April, about 30 representatives from the Hela Provincial Government, Administration and Division of Education completed introductory training in Tari with a further nine project area schools identified to trial the program this year. ExxonMobil PNG has invested a total of 21 million Kina in education on infrastructure development including teachers' houses, classrooms and desks, learning materials, education scholarships and capacity building for teachers in PNG LNG project areas since 2011.



Message from Managing Director, ExxonMobil PNG Andrew Barry

What an exciting first half of 2017 it has been!

Great moments were achieved and remembered this quarter. It has been a proud moment for ExxonMobil PNG and PNG LNG when our Papua New Guinean maintenance technicians worked on world class maintenance activities, some of which were the first for any ExxonMobil facility in the world to be done in country. The work was completed with

minimal impact on production and without a single safety incident. Also this quarter, the new F1 well pad was successfully completed and production from the well began. This infrastructure provides additional flexibility for well management to maximise production from the Hides field. Another focus this year is on tying the Angore field into the production system at Hides.

Significant progress is being made and we expect first production from the Angore field in 2019. We also recognise that the upgrade of the Highlands Highway is important to the continued economic development of local communities. The highway remains one of several transport routes used by PNG LNG and other local businesses. As an important development

partner, PNG LNG has agreed with the government to upgrade two sections of the Highlands Highway from Halimbu Junction to Nogoli and Nogoli to Komo in Hela province. This edition of PNG LNG TIES also highlights our ongoing activities with the community in health, education, environment, agriculture and women's economic empowerment.

Making science fun in the community

ExxonMobil PNG staff are heading back to school to share their passion for science, technology, engineering and mathematics (STEM); inspiring the next generation of innovators.

The Science Ambassador Program is run in countries in which Exxon Mobil Corporation operates around the world and works alongside schools to complement local education programs.

Volunteers target primary school students and talk about topics, like how oil and gas are formed, in a fun way with hands-on science experiments and class discussions. The goal of volunteers is to inspire an interest in students at a young age in STEM as a pathway to a career in the energy industry in PNG.

The program has grown since it was first launched in PNG in 2013. Staff are now regularly visiting students at a total of 20 primary schools in project area communities at Hides and the PNG LNG plant site along with selected schools in Port Moresby. Since its inception more than 2,800 students have benefited from the program. In the first half of 2017 alone a total of ten schools have been visited by ExxonMobil PNG staff volunteers in project areas.

At the PNG LNG plant site area, staff volunteers visited Papa Primary School, Redscar High School, Porebada Primary School and Boera Primary School.

Staff volunteers included LNG Plant Manager, Jagir Baxi who conducted two sessions at Redscar High School and Papa Primary School.

Mrs Iare Dennis of Porebada Primary School said, "I have enjoyed the session and learnt many new and interesting things and I am sure the students have enjoyed and learnt a lot. I would like to see the Science Ambassador Program continue as it is a very educational, inspiring and motivating component of learning for the students. The volunteers from ExxonMobil PNG are also using teaching aids that make learning fun and interactive for the students".

Mr John Wasigui of Boera Primary School added: "One of our students topped the Central Province in last year's final examinations. This is an indication of the interactive learning they get from the Science Ambassador Program run by ExxonMobil PNG." Volunteers will be back in schools around August with their next lesson which is on 'Rocks and Geology'.



Janeth Gurame, operations technician at the Hides Gas Conditioning Plant, in a discussion with students at Edauwi Primary School.

'Appreciate our land and our sea'

World Environment Day

World Environment Day is the biggest annual event for positive environmental action and takes place every year on 5th June.

'Appreciate our land and our sea' was the theme for World Environment Day 2017 and invited us to appreciate nature, its beauty and importance and to take positive steps to protect the Earth we share.

The day was celebrated by PNG LNG sites in collaboration with local company Total Waste Management (TWM) and the Conservation Environment Protection Authority (CEPA) with engagements held at the PNG LNG plant site, Hides and Moro communities.

At each of the sites, ExxonMobil PNG donated garden tools (spades, forks, watering cans) while TWM and CEPA donated wheelie bins and t-shirts respectively.

At Porebada Primary School, near the PNG LNG plant, World Environment Day started with a clean up around the school then the students planted a total of 22 tree



Happy students of Kikori Primary School showing tree and fruit seedlings that they planted to mark World Environment Day.

seedlings.

Students and teachers at the Juni Primary School near Hides cleaned up the school and also planted 22 tree seedlings. The students also participated in a drawing poster and essay competition. On receiving the gardening tools, wheelie bins and t-shirts,

Juni Primary School staff and students said the donation was an answer to their school needs to keeping a clean and better environment. Kikori Primary School marked the day with tree planting, dances, drama, poem reading and awards were given for the best pictures and stories.

Science Ambassador Program inspires staff

"I have taken a particular interest in the Science Ambassador Program after participating as a staff volunteer each year."

Not only is engaging with students via the Science Ambassador Program (SAP) a fun way for students to learn science but staff volunteers are being inspired by the positive impact the program is having on students.

Janeth Gurame is a rotator for Hides Gas Conditioning Plant working as an Operations Technician. She has been a science ambassador volunteer since the program kicked off at schools around the Hides Gas Conditioning Plant area in 2015.

"I have taken a particular interest in the Science Ambassador Program after participating as a staff volunteer each year. It has

been noteworthy to see the curious looks on the students' faces and the fun they have learning during the interactive sessions. Not only that but SAP has helped me a lot in building my public speaking skills," said Janeth.

The program has motivated Janeth to pursue part time studies during her private time at the University of Papua New Guinea studying Information and Communication Studies. Her final year research project paper looks at evaluating the Science Ambassador Program coordinated by ExxonMobil PNG in Hides communities and how the program can be advanced for children's maximum learning benefit.

Wellpad F successful, Angore Tie-in progresses

PNG LNG assists in highway development



Line-pipe road transport convoy arriving at Angore Wellpad A.

PNG LNG also recognises that the upgrade of the Highlands Highway is important to the continued economic development of local communities. The highway remains one of several transport routes used by PNG LNG and other local businesses.

As an important development partner, PNG LNG has agreed with the government to upgrade two sections of the Highlands Highway from Halimbu Junction to Nogoli and Nogoli to Komo in Hela province.

These sections (40 kilometres in total) will be upgraded to the national highway standards including two lane sealed highway, upgrading bridges and crossings where needed, and improving drainage to help mitigate against water damage to the road formations. The value of these upgrades is PGK150M to be spent over 3 years and will provide hundreds of job opportunities in the local communities.

3

“The addition of the F1 well boosts the available upstream capacity and flexibility to deliver committed volumes to our customers in Asia.”

Investment in additional infrastructure to boost gas production from the PNG LNG facilities has continued during this quarter.

Wellpad F Hides 1 (F1) well is now connected to the spine line feeding the Hides Gas Conditioning Plant (HGCP) and is the highest wellpad at an elevation of 2800 metres. The well was successfully perforated (holes punched in the casing to allow flow from the reservoir) in April 2017. The gas first successfully

flowed on May 15 2017 and a ramp-up production test was completed a week later where it was tested up to 254 million square feet per day (MSFD). The addition of the F1 well boosts the available upstream capacity and flexibility to deliver volumes to our customers in Asia as well as domestic gas for power sales. It provides additional flexibility for well management to maximise production from the Hides field over its multi-decade lifespan. Progress is also being made

on the Angore Tie-in project, which will allow flow from the field back to the HGCP facility. The Angore field lies to the east of the Hides facilities and in order to produce gas from the field, a new 11 kilometre pipeline is being constructed and production equipment installed at the Angore Wellpad A. The first lot of line-pipe arrived in Lae in June and was transported to Angore and Hides via the Highlands Highway, deliveries of

equipment are expected to continue for several months further. Significant progress was also made on early works to clear the first 1km section of pipeline right of way. Construction work fronts have been supported by a significant effort from Community Affairs staff to ensure the community remains well informed about activities and disruptions are minimised. First production is expected from the Angore field in 2019.



Unloading 14" line-pipe off the ship in Lae.

Young voices making a difference in communities



Lydia Dimokari speaking to young people at an evening session in a backyard in Gerehu, Port Moresby.

to suit and help the young women in her community. "We get together once a month in the evening at a neighbour's yard for sessions where we discuss issues that affect young people and talk about creating pathways for a better future," said Lydia. The first session that began with a handful of girls has now grown to include young men and kids between the ages of 12 and 25."

Lydia has been recognised by the United Nations as 'Sustainable Development Goals and Youth Champion' for her community initiative. "There's a sense of purpose and satisfaction when I reach out to other kids in my community to share with them what I have learnt through The Voice Inc and how together we can contribute to a better future for ourselves and our community," Lydia added.

Tommy Aiyok

When he was in primary school, Tommy had dreams of addressing the illiteracy challenge in his village.

In 2014, he began law studies at the University of Papua New Guinea.

He joined The Voice Inc and during semester break that year, he started a community library under his home in Kamas village, outside Wabag town.

"The Voice Inc inspired me to make a childhood dream come true! I used my bedroom to store books and to hold book club meetings with village kids. Then I turned a space under my home into a community library. Over the years, we received book donations from various groups," said Tommy. The community library hosts other programs like the book reading club, book reviews on Saturdays and peer reading for high school, primary school children and children who had never been to school or dropped out of the education system.

Tommy works in partnership with the Seventh Day Adventist church near his home to oversee the library and its programs while he is in school. "I have plans to reach everyone including illiterate adults and to expand the community library. With the help of my architecture student friends, I have a sketch design of a bigger library and I am now working on putting together the costs of a bigger library. At the moment, we are working with the resources we have and what we can do with the resources we currently have," added Tommy. In his final year of law studies, Tommy aspires to be a human rights lawyer.

Good and principled leaders are the backbone of resilient communities.

PNG LNG and its community partner The Voice Inc, are all about giving youth in PNG the skills to become strong leaders in their own right and make a positive impact in their communities. The Voice Inc runs leadership programs for students through its Centres for Leadership at partner institutions at the University of Goroka, the PNG University of Technology in Lae and the University of Papua New Guinea in Port Moresby. In addition, it provides mentoring, organises speaking engagements and provides opportunities for young people to connect with amazing organizations and inspirational people who are leading change in the country and globally.

ExxonMobil PNG, operator of PNG LNG, has contributed K774,000 since 2014 to help The Voice Inc implement its development programs. ExxonMobil PNG's managing director, Andrew Barry said engaging with students through The Voice Inc programs has provided some of his most enjoyable experiences in PNG. "Young people are not afraid to ask tough questions to their leaders, I fully encourage this and always know to expect a healthy discussion about a wide range of issues." Executive Director, Barbara Thomas, expressed her gratitude saying, "We are extremely grateful for the generous support PNG LNG

continues to provide by investing in Papua New Guinea's next generation of leaders. Their support over the past three years has enabled our organisation to grow and provide more opportunities for youth engagement and participation."

The Voice Inc's effectiveness is best demonstrated through the individual stories of the people who have participated in its programs.

Lydia Dimokari

Lydia's story begins at Gerehu Stage 2 in Port Moresby where she lives. Originally from Milne Bay and Oro provinces, Lydia commutes to the University of Papua New Guinea every day where she's in her final year of studies studying Social Work. "On my street, I am the only person from my peer group that is studying at university. Most kids my age have dropped out of the education system. I joined The Voice Inc and completed the leadership program last year," said Lydia. Lydia started a community initiative, Mission Vibe. "Mission Vibe began with a handful of girls in my neighbourhood community at Gerehu who were out of school and needed a place to come together and grow in areas of personal development."

With the help of her two best friends and through the learnings of The Voice Inc Leadership Development Program and the Clean Generation Campaign, Lydia was able to create programs



Young people engaged in community programs by The Voice Inc participating in reading activities.

"We are extremely grateful for the generous support PNG LNG continues to provide by investing in Papua New Guinea's next generation of leaders. Their support over the past three years has enabled our organisation to grow and provide more opportunities for youth engagement and participation."

Book on weed quarantine published

It is by sharing learnings and knowledge of invasive weeds with the wider community we can minimise the environmental and socio-economic impact of weeds in the country.

That is the hope of ExxonMobil PNG Limited and the National Agriculture Quarantine and Inspection Authority (NAQIA) who have partnered to produce a book titled 'Exotic Plants of the Kikori River Basin' which contains information on basic weed biology and ecology in the Kikori River Basin area. While this book is limited to ExxonMobil PNG's experience in Kikori, Southern Highlands, Hela and Port Moresby, the information is applicable to the rest of Papua New Guinea (PNG).

PNG and other Pacific Island countries are becoming increasingly concerned about the occurrence, spread and economic impact of weeds on the region's food and cash crops as well as posing a significant threat to forests. Many weed species were introduced into PNG from other countries either accidentally or as agricultural or ornamental plants.

Introduced weeds are a problem partly because their natural enemies such as insects and diseases which control them in their native country are not present. Weeds species such as *Piper aduncum* (spiked pepper) and *Spathodea campanulata* (African tulip tree) pose a

"Through better understanding we can collectively and effectively manage invasive plant species in PNG."



ExxonMobil PNG Environment & Regulatory Supervisor Laura Ann Dresser and NAQIA Acting General Manager Technical Division Pere Kokoa display the manual.

serious threat to the forests and the biodiversity of PNG because they dominate regrowth in disturbed areas. Other weed species such as *Mikania micrantha* (bitter vine) and *Mimosa diplotrica* (giant sensitive plant) have severe cost impacts on all levels of agriculture.

NAQIA is at the forefront of efforts to prevent introduction and spread of quarantine pests including weeds in PNG. The National Agricultural Research Institute (NARI) has the lead in research, particularly in the control of weeds in PNG. Some research organisations such as New Guinea Binatang

Research have done significant study on the ecological impacts of invasive weeds. While different organisations deal with different aspects of weeds, all have the same end goal to reduce the ecological, social and economic impacts of weeds.

A significant gap in weed

management in PNG is the availability of information on what weeds there are, where they are occurring in the country and how to control them.

NAQIA's Acting General Manager Technical Division Pere Kokoa thanked ExxonMobil PNG for their valuable contribution to this manual and said this information will go a long way in educating people about the impacts of the invasive weeds and also build awareness on NAQIA's role in minimising risks associated with foreign exotic animals and plants and associated diseases. ExxonMobil PNG's environment and regulatory supervisor Laura Ann Dresser said, "Through better understanding we can collectively and effectively manage invasive plant species in PNG. By managing invasive species we are also protecting the rich biodiversity in PNG as well as reducing the socioeconomic impacts." ExxonMobil PNG has a significant weed management program for the PNG LNG project as part of its Environment Management Plan and invasive species management also forms part of its Biodiversity Offset Strategy. Weeds on its facilities and in areas where it operates in are actively controlled. Furthermore, ExxonMobil PNG provides invasive species awareness training to all its staff and project area communities.



Papa Primary School students display gardening tools they received from LNGP Community Affairs team.

PNG LNG backs school life skills program

The 'Making a Living' program is teaching important life skills to primary school children in Papua New Guinea through lessons on home economics, community living, agriculture and business studies.

About 400 students in grades six, seven and eight attending Papa, Lealea and Boera primary schools received garden tools and seeds from the Community Affairs team at the PNG LNG plant site to support the program.

On behalf of her school, Head Girl for Papa Primary School, Gomara Lahui acknowledged and thanked ExxonMobil PNG for the continuous support provided to the school.

"It is the wet season – the perfect time for planting seeds and we had been debating the idea of asking our parents and guardians to seek their

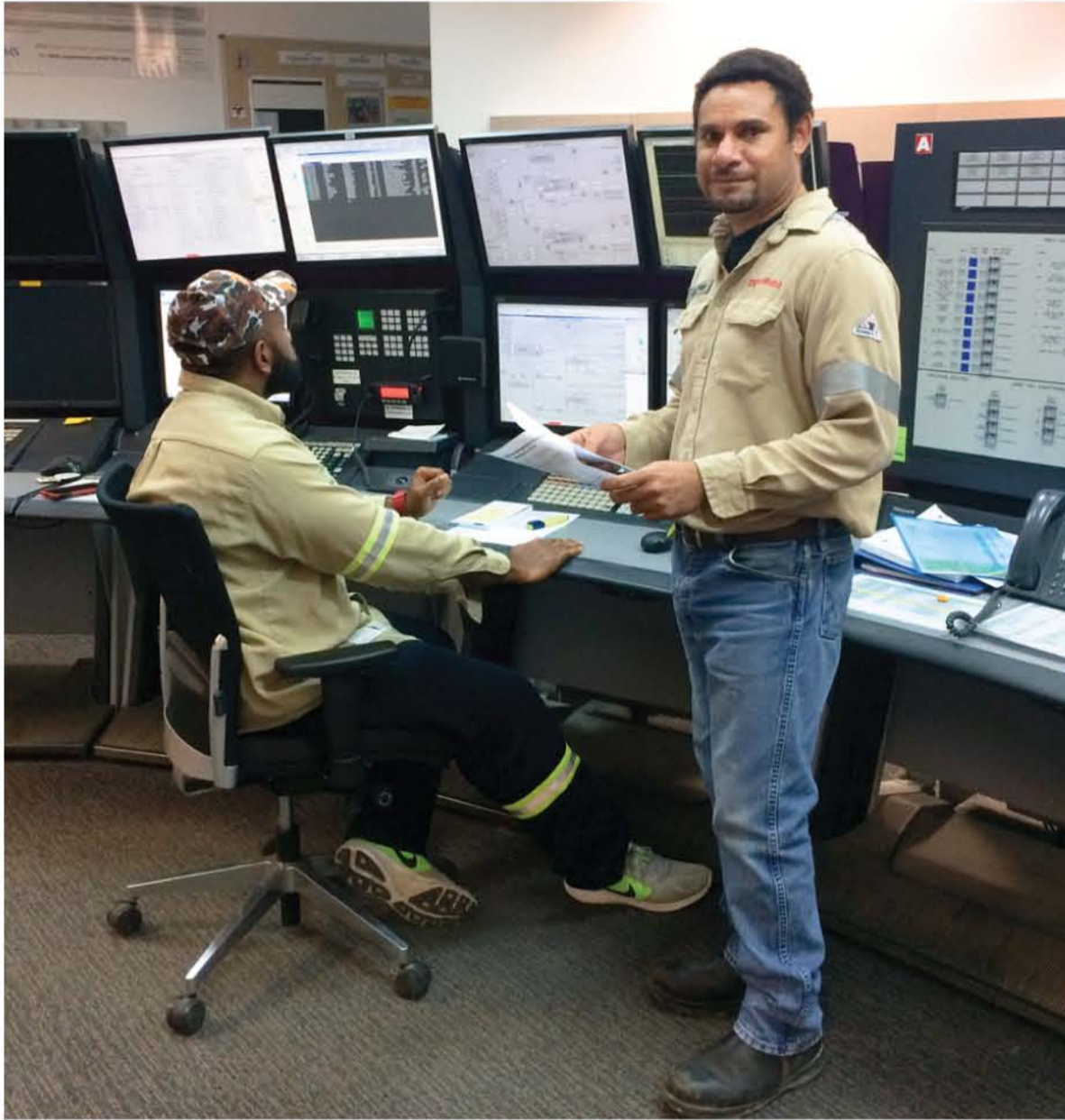
assistance to purchase garden tools and seeds.

"ExxonMobil PNG's assistance is timely and we are ready to put our agriculture skills to good use," said Gomara. Head Teacher of Lealea Primary School Stephen

Miniae was equally excited and said the support will ensure the students learn and practice agriculture skills which are fundamental to their lives in their home villages.

The support further complements the national government's Education Department strategy to expand the curriculum and empower senior primary school students to integrate skills in agriculture, commerce and basic technology to live productive lives in their communities.

Jay Lavapo makes his mark at the HGCP



Jay Lavapo (facing camera) at the control room with a colleague at Hides Gas Conditioning Plant.

Jay Lavapo has made his mark as the first Papua New Guinean to be appointed as Production Supervisor at PNG LNG's gas conditioning plant in Hides.

Beginning his career in the oil and gas industry over 15 years ago, Jay has worked in several production plants around PNG and appreciates the varied experiences he has gained along the way, experiences that he can now share with those who are only beginning their journey. Early in his career, Jay landed jobs working in small projects, in production plants that were largely manually controlled but never to the scale that he is now exposed to with the PNG LNG project.

Today he works in an automated plant at the Hides Gas Conditioning Plant and part of his job includes mentoring and coaching Operations and Maintenance trainees at the plant.

"Technology has significantly improved many aspects of work in production plants, such as the use of remote sensing. This inspires me and keeps me motivated to train other Papua New Guineans.

"It is also exciting to see where production plant trainees are now compared to when they first started on the job. In fact, I am proud to have played a part in training the first PNG LNG national operations trainee to reach Control Room Operator level," said Jay. A new role is not all a bed of roses though.

"I worked in control rooms most of my time and I got used to pressing buttons to get machines to work for me. You can't do the same with human beings. I find supervising people who work with me to be a challenge but I am fortunate to be surrounded by all the support I need to leverage a better work experience and build relationships. Personally, this process for me will only get better with training and development programs offered by ExxonMobil PNG," said Jay.

From Ilokeia in the Gulf province, Jay started his journey with ExxonMobil PNG five years ago as a Pipeline Technician in the infancy stages of the PNG LNG project.

This role involved systematic

work in the pipeline construction and eventually, the commissioning of the LNG gas pipeline.

After the construction of the gas pipeline, Jay was reassigned to the gas conditioning plant as Control Room Operator for the commissioning, start up and normal production operations. Jay was part of a team that was engaged in developing operations procedures and training packages that are now used at the Hides Gas Conditioning Plant.

"When you work with a global company like ExxonMobil PNG, the opportunities for training and development programs and job placements are endless," said Jay.

"I am grateful for the opportunities that ExxonMobil PNG has given me to broaden my knowledge in the oil and gas industry in a short space of time."

He added that achieving successful results was a result of the conducive environment created by ExxonMobil PNG for the national workforce to prosper.

ExxonMobil PNG introduces high-tech training for Papua New Guinean staff



Part of the team (from left to right) Stephen Marinjemi, Derek Narara, Alma Gaso, Luis Rojas, Bobby Annis and Andrew Hemetsberger pose in front of a new turbine at the LNG plant site.

"There was a huge amount of work put into the planning and safe execution of this maintenance work, and I feel privileged to have worked alongside an excellent and knowledgeable team."

Staff from ExxonMobil PNG Limited (EMPNG) took a rare look into the internals of highly technical engines in the LNG plant near Port Moresby in a recent scheduled maintenance opportunity. In what was a first for any ExxonMobil facility in the world, operations and maintenance technicians and machinery engineers got extra hands on experience during the Level 2 maintenance inspections and repairs at the LNG Plant.

Maintenance activities were carried out on the plant's refrigerant compressor strings including changing out 5 of the 10 gas turbine engine drivers, and also installing upgraded components to increase power to the gas turbine engines that drive the LNG refrigerant compressors. An impressive aspect of these activities is that they were carried out without a single safety incident.

The PNG LNG plant has been designed to keep running while most major maintenance activities are completed. It is because of this we were able to work with the engine manufacturer GE, to remove the engines and do the maintenance in PNG in our workshops. The engines were then reinstalled with reduced impact to our business.

EMPNG Machinery Engineer Alma Gaso was one of the

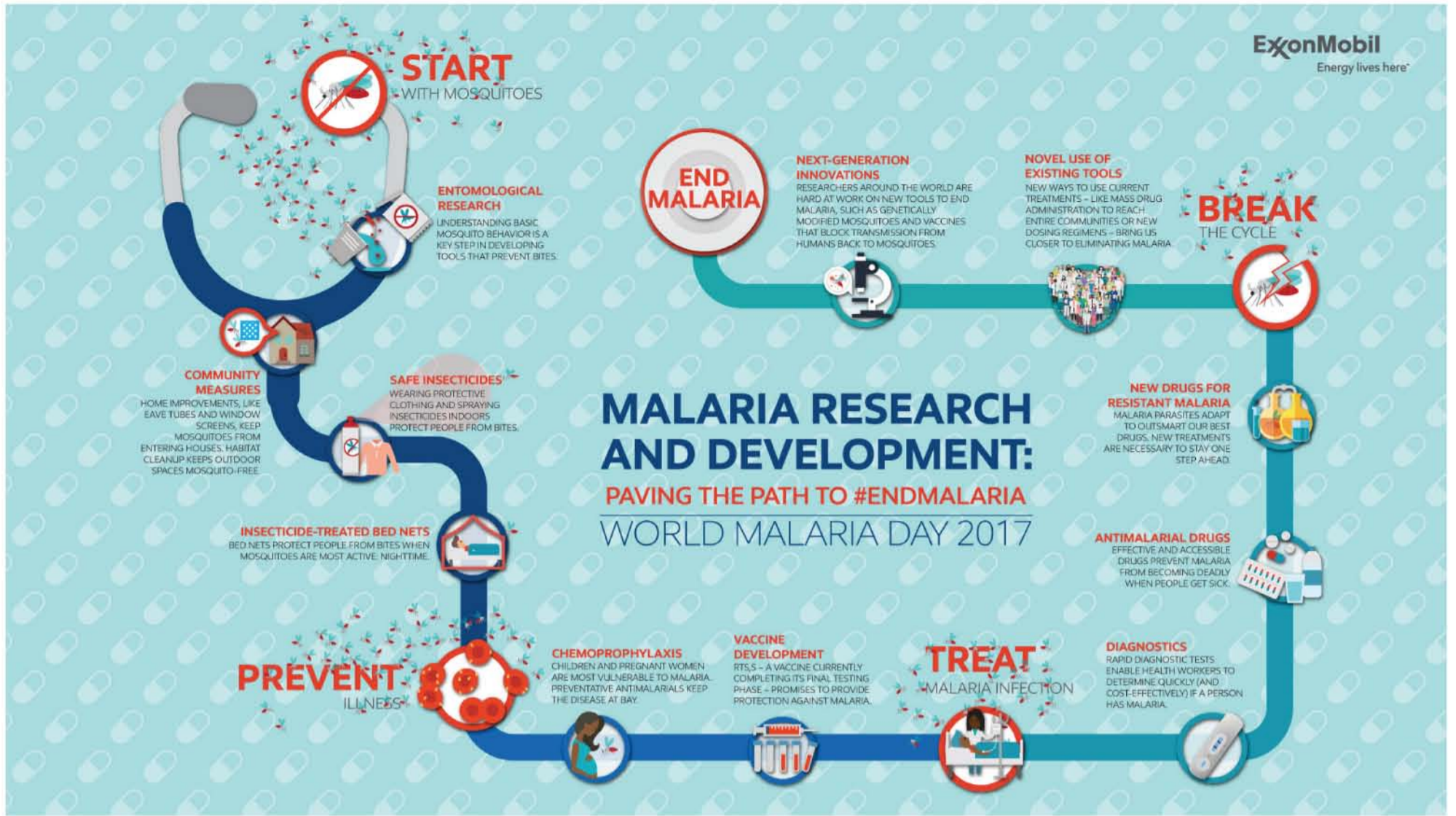
team members involved in the activity and said the experience was invaluable.

"There was a huge amount of work put into the planning and safe execution of this maintenance work, and I feel privileged to have worked alongside an excellent and knowledgeable team.

"This work provided a great opportunity for myself being a pre-ECM machinery engineer to see firsthand the internals of an LM2500+G4 Gas Turbine and allowed us to appreciate the components within it, compared to just seeing drawings of it," said Alma. EMPNG Limited Maintenance Coordinator John Hayes said the high-tech training provided the workforce with a unique learning experience on the installation and maintenance of equipment.

"The maintenance execution activities highlighted the opportunities our Papua New Guinean workforce are being exposed to in terms of their professional development. This is something I'm particularly proud of," said John.

Staff who participated in the program included EMPNG Operations Maintenance Technicians, Michelle Samai, Nelson Kai, Marcus Taru, Yvette Kuma and Brendan Gini and EMPNG Machinery Engineers, Steven Marinjemi, Andrew Hemetsberger and Alma Gaso.



Ending malaria for good: ExxonMobil PNG observes World Malaria Day

World Malaria Day highlights global efforts to raise awareness on malaria and generate support for the fight against this preventable and treatable disease. World Malaria Day is observed annually on April 25. "End Malaria for Good" is the global theme for this year set by the World Health Organization (WHO). Since the year 2000,

ExxonMobil Foundation has made charitable contributions of more than \$160 million globally towards ending malaria. The Foundation has supported partners to:

- Reach more than 125 million people throughout Africa and Asia with 14.3 million bed nets, 4.3 million doses of antimalarial drugs and nearly 3 million rapid diagnostic kits.

- Train 590,000 health care workers and counsellors.
- Hold more than 2.5 million community health sessions.
- Support the work of researchers who are addressing antimalarial resistance and developing new drugs and vaccines.

In Papua New Guinea, ExxonMobil PNG, has distributed treated mosquito

nets to project areas and partnered with key organisations under its ExxonMobil PNG Malaria Control Program to reduce malaria and raise more awareness on malaria. The program also includes proactive prevention measures, awareness, bite prevention, chemoprophylaxis to diagnosis and treatment. International SOS conducted

health talks for staff on malaria at the LNG Plant site, Hides, and Moro. PNG Hunters players Ase Boas, Wellington Albert, Sailas Gahuna and Moses Meninga were on hand to distribute treated mosquito nets and mosquito repellent to staff at ExxonMobil Haus.



Think ROAD safety



ExxonMobil PNG Senior Village Liaison Officer Konio Lohia talking to Boera Primary School students about road safety.

In June, the Community Affairs (CA) team visited the LNG plant site schools to distribute Trukai Fun Run t-shirts and used the opportunity to reiterate to students, the importance of road safety. The CA team reminded students of the basic road safety rules, most importantly to remember to:

- Always stop, look right, look left and right again to ensure the road is clear and listen for sounds of an oncoming vehicle before crossing the road
- Hold your friend's hand when crossing the road
- Avoid playing on the roads or beside the road

Road safety posters and leaflets were also distributed to teachers and students during the visit.

Head Teacher of Papa Primary School Samuel Maiabau is always grateful for the regular visits by the CA officers. He said: "It is a great concern for us especially when our students are ignorant about road safety despite constant reminders."

"The school administration is always happy to have the CA officers visit our school as they help to reinforce the message and remind the students that there are people who care about their well-being and make time to talk to them about road safety," he said.

LNG plant site Community Affairs Lead Marilyn Wingi stressed the need for older children to be responsible and act as role models to the younger students adding that parents must also guide their

children. Statistics from the Papua New Guinea Police Traffic shows that more than 3000 road accidents are reported every year. Each year more than 1500 road accidents are reported from NCD whilst more than 130 road accident reports per year are from Central province.

Statistics also show that less than ten road accidents along the Porebada-Lealea road are reported each year. This year only two have been reported to date. There have also been cases of many near-misses involving pedestrians along the Porebada-Lealea roads. Although there are less reports of road accidents along the Porebada road, safety is everyone's responsibility and must be a priority.



“Dress for Success” panel discussion



Participants at the “Dress for Success” panel discussion (left to right) Antonnia Singut, Elizabeth Omeri, Israel Eliab and Wellington Albert.

What one wears brings with it a sense of confidence for some people, whilst for others, it’s about professional presentation.

‘Dress for success’ was the topic of a recent panel discussion, hosted by the Women in Energy Network (WEN), at ExxonMobil PNG’s head office.

Four Papua New Guinean professionals with varied backgrounds shared their experiences on their ‘brand’ - what it meant to ‘dress for success’ and how they have dealt with negativity and continue to find a positive approach to dealing with negative situations.

Panelists all agreed that what mattered most was what lay within. Individuals can demonstrate that by showing their attitude through their style, but that it was always important to be relatable to others around you, regardless of the environment you are in.

Fashion Designer Elizabeth Omeri shared her experience on the type of attitude she tries to portray in her clothing designs.

“We have a diverse culture, so when I think of a design, I try to think of how it will tell a story of a Papua New Guinean wife, husband, mother, father and as a Papuan New Guinean professional.”
Former PNG Hunters Captain Israel Eliab blocks off any negativity when preparing for a game. “We get all sorts of criticisms when we lose a game, some of them are not acceptable, but we have to be mentally prepared; focus on the positive angles in our last game and apply that in our next game, keeping in mind that we are representing our country so we have to present ourselves in an acceptable manner.”

National Broadcasting Cooperation Television News Anchor and former Miss PNG

Antonnia Singut shared her experience of how she felt over-dressed for an event in one of Port Moresby’s settlements. “I turned up at this event and thought I may have been over-dressed, and I felt out of place; but I was Miss PNG then so I reminded myself to blend in. Being Miss PNG meant being a Papua New Guinean; the title didn’t matter, what mattered then was interacting with the community at their level.”
For Albert Wellington, putting on the PNG Kumuls or PNG Hunters jersey not only brings pride but expectations as well to be a good athlete and role model to young upcoming rugby league players. He spoke of using tough times as motivation. “Failures are good because they help us to get back on the track towards success.”

WEN also held a similar event at the Hides Gas Conditioning Plant (HGCP).

Keeping fit and healthy



McNash Fitness trainer Mila Nash with staff at a weekly fitness routine.

Maintaining regular exercise and a healthy diet reduces a person’s risk of suffering from various diseases such as heart disease, stroke and high blood pressure. It also gives a person more energy to perform tasks at work and at home.

With this in mind, the ExxonMobil PNG’s Women in Energy Network (WEN) and the Social Club organised a six-week health and fitness program to encourage staff to get into the habit of doing regular exercise.

Thirteen staff at ExxonMobil PNG Head Office participated in the program conducted by McNash Fitness, health and personal training professionals. WEN’s Vice Chairlady and civil geotechnical engineer Ginisegana Solien participated in the health



and fitness program. She said the program was challenging but was worth the time. “Making the time to exercise and acknowledging what you put in your mouth makes a big difference in my day. I find that I have more energy, am more relaxed and have a clearer mind. It is challenging - best investment made to self”.

The health and fitness program consisted of five sessions: plyometric (jump training), tabata (high intensity interval training), cardio workout, boxing and resistance training.



Contact us at pnglngproject@exxonmobil.com

The PNG LNG Project is an integrated development that includes gas production and processing facilities, onshore and offshore pipelines and liquefaction facilities. Participating interests are affiliates of ExxonMobil Corporation (including ExxonMobil PNG Limited as operator), Oil Search Limited, Kumul Petroleum Holdings Limited, Santos Limited, JX Nippon Oil and Gas Exploration and Mineral Resources Development Company.